

**Nutrition and Metabolism - Nu.Me.**  
5<sup>th</sup> International Mediterranean Meeting  
UPDATE ON DIABETES, OBESITY AND ARTIFICIAL NUTRITION



**Terni ▲ 18-20 April 2013**

*Organized by*



Associazione Italiana di  
Dietetica e Nutrizione Clinica

**PRELIMINARY PROGRAM**



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▶ [www.fondazioneadi.com](http://www.fondazioneadi.com)

▶ [www.adiitalia.net](http://www.adiitalia.net)

## President of the Meeting

**Giuseppe Fatati, Terni**

ADI Foundation President

Director of Diabetology, Dietology and Clinical Nutrition Unit

S. Maria Hospital, Terni

Tel. 0744 205452

[g.fatati@aosp terni.it](mailto:g.fatati@aosp terni.it)

## Scientific Committee

**Maria Luisa Amerio, Asti**

**Enrico Bertoli, Ancona**

**Letizia Ferrara, Roma**

**Fabrizio Muratori, Milano**

**Anna Rita Sabbatini, Milano**

## CME Provider and Organising Secretariat

VIVA VOCE

ID ECM n. 3599

Via Angelo da Orvieto, 36

05018 Orvieto (TR)

Tel. 0763 391752

Fax 0763 344880

[info@viva-voce.it](mailto:info@viva-voce.it)

[www.viva-voce.it](http://www.viva-voce.it)

## Preliminary Program

### Thursday, 18 April 2013

- 12:00 noon    Opening of Organising Office  
Accreditation and registration of participants
- PLENARY SESSION ▶ Sergio Secchi Theatre**
- 2:00 pm    **Opening of the 5<sup>th</sup> International Mediterranean Meeting**  
*Giuseppe Fatati*  
**Obesity and Diabetes: evidence and prospects**  
Moderators: *Lucio Lucchin, Eugenio Del Toma*
- 2:30 pm    Epidemiology  
*Antonio Nicolucci*
- 2:50 pm    Etiopathogenesis of metabolic pathologies and Italian eating habits  
*Giuseppe Fatati*
- 3:10 pm    Insulin-like peptide, reproduction of mosquitoes and ecosystem  
*Eleonora Teodori*
- 3:30 pm    Aortic rigidity as a factor of cardiovascular risk  
*Matteo Pirro*
- 3:50 pm    Food intake: monitoring the gastrointestinal system  
*Rosario Cuomo*
- 4:10 pm    Metabolic Syndrome: gender differences and role of sex steroids  
*Renato Pasquali*
- 4:30 pm    **Discussion**
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- 4:30-5:30 pm    *Open coffee break*
- 4:30-5:30 pm    **POSTER SESSION - FIDANZA AWARD ▶ "Carro Ponte" Room**  
Moderators: *Enrico Bertoli, Patrizia Zuliani*
- ROUNDTABLE DISCUSSION**  
**Wellness pathologies and microbiota**  
Moderators: *Barbara Paolini, Massimo Vincenzi*
- 5:00 pm    Microbiota and obesity: research high points and low points  
*Lorenzo Morelli*
- 5:20 pm    Modulation of the gut microbiota by nutrients with prebiotic properties: consequences for host health in the context of metabolic syndrome  
*Nathalie Delzenne*

- 5:40 pm Glycemic variability and enterohormonal profile in sleeve gastrectomy patients with type 2 diabetes  
*Ilenia Grandone*
- 6:00 pm **Discussion**
- 6:30 pm A tribute to Flaminio Fidanza  
*Guido Monacelli*
- Presentation of Fidanza Award**  
With: *Adalberto Alberti Fidanza*  
Participants: *Patrizia Zuliani, Luciano Binaglia, Adolfo Puxeddu*
- 7:00 pm **Conclusion**

## Friday, 19 April 2013

### Sergio Secci Theatre

#### Update on risk factors, treatment, and new devices in diabetology

##### ▶ Part 1

Moderators: *Maria Antonia Fusco, Claudio Macca*

- 8:30 am Cardio-metabolic complications in chronic hyperuricemia patients with deposits. New therapy opportunities  
*Edoardo Mannucci*
- 8:50 am The hypertensive diabetic: new treatment strategies  
*Daniela Bovelli*
- 9:10 am Update on Sitagliptin  
*Sergio Leotta*
- 9:30 am Update on Saxagliptin  
*Ottavio Giampietro*
- 9:50 am DPP-4 inhibitors: consolidated experiences and future prospects  
*Gabriele Perriello*
- 10:10 am **Discussion**

10:30-11:30 am *Open coffee break*

10:30-11:30 am **POSTER SESSION - FIDANZA AWARD** ▶ "Carro Ponte" Room

Moderators: *Enrico Bertoli, Patrizia Zuliani*

#### Update on risk factors, treatment, and new devices in diabetology

##### ▶ Part 2

Moderators: *Lorenza Caregaro Negrin, Sergio Leotta*

- 10:40 am Update on Liraglutide  
*Gaetano Leto*
- 11:00 am The importance of a prompt introduction of insulin in treating type 2 diabetes  
*Geremia Bolli*
- 11:20 am To each patient his own insulin  
*Giovanni Ghirlanda*
- 11:40 am Micro-infusion pumps, self-monitoring, and integrated systems: the situation in 2013  
*Claudio Tubili*
- 12:00 noon **Discussant**  
*Edoardo Mannucci*

**PARALLEL SESSION ▶ "Orologio" Room**

**A comparison of experiences ▶ Part 1**

Moderators: *Giuseppe Maria Rovera, Anna Rita Sabbatini*

- 8:30 am Functional foods in the malnourished patient  
*Federico Vignati*
- 8:50 am Cardiac steatosis: a new reality  
*Mario Di Sapia*
- 9:10 am Obesity, diabetes, and pain  
*Stefano Coaccioli*
- 9:30 am Nutritional deficiencies in bariatric surgery  
*Maria Grazia Carbonelli*
- 9:50 am The MediNet project  
*Francesco Galli*
- 10:10 am **Discussion**

**PARALLEL SESSION**

**A comparison of experiences ▶ Part 2**

Moderators: *Maria Grazia Carbonelli, Santo Morabito*

- 10:40 am Bioethics in practice  
*Marco Tagliaferri*
- 11:00 am Obesity and gestational diabetes  
*Elisabetta Torlone*
- 11:20 am The DAI project  
*Laura dalla Ragione*
- 11:40 am The Mediterranean Journal  
*Giuseppe Samir Sukkar*
- 12:00 noon **Discussion**

12:30-2:00 pm *Buffet lunch* ▶ "Carro Ponte" Room

12:30-2:00 pm *Light lunch at the Literary Café* ▶ "Studio 1" Room

## PLENARY SESSION ▶ Sergio Secci Theatre

### ADI-SIO workshop

### NO - Nutrition and Obesity

Moderators: *Fabrizio Muratori, Giuseppe Fatati*

2:00 pm Adipose organ 2013: state of the art  
*Saverio Cinti*

2:20 pm Mitochondrial function and obesity  
*Enzo Nisoli*

2:40 pm The beta cell from obesity to type 2 diabetes  
*Piero Marchetti*

3:00 pm Different improvement on human serum albumin redox chemistry by lipoic acid flavonoids  
*Michal Wozniak*

3:20 pm Healthy effects of exercise are related to changes in iron metabolism  
*Jedrzej Antosiewicz*

3:40 pm Nutraceutical treatment and metabolic syndrome  
*Arrigo Cicero*

4:00 pm From research to clinical practice: the SIO-ADI recommendations  
*Antonio Caretto*

4:20 pm **Discussion**

4:00-5:00 pm *Open coffee break*

4:00-5:00 pm **POSTER SESSION - FIDANZA AWARD** ▶ "Carro Ponte" Room

Moderators: *Enrico Bertoli, Patrizia Zuliani*

5:00 pm

### LECTURE

### The FUNIBER experience and cooperation with the ADI Foundation

*Santos Gracia Villar*

### ADI-SIMG Foundation ROUNDTABLE DISCUSSION

### Healthy food choices

Moderators: *Enrico Bertoli, Alessandro Rossi*

5:30 pm The commitment of the GP  
*Ovidio Brignoli*

5:50 pm The LIZ study  
*Franca Marangoni*

6:10 pm Fats and diet  
*Andrea Poli*

- 6:30 pm The Italian situation: comparison between past and present  
*Andrea Ghiselli*
- 6:50 pm **Discussant**  
*Maurizio Battino*
- 7:15 pm **Conclusion**

## Saturday, 20 April 2013

### Sergio Secci Theatre

#### Nutrition in the elderly

Moderators: *Giuseppe Fatati, Maria Grazia Proietti*

- 8:30 am Antiaging nutrition  
*Lucio Lucchin*
- 8:50 am Nutrition in the hospitalized patient: preventing and treating sarcopenia  
*Francesco Landi*
- 9:10 am Dysphagia in institutionalized elderly patients  
*Maria Luisa Amerio*
- 9:30 am **Discussion**
- LECTURE**  
Introduced by *Saverio Cinti*
- 10:00 am **Adipocyte molecular transdifferentiation pathway**  
*Karsten Kristiansen*

10:30-11:00 am *Open coffee break*

10:30-11:00 am **POSTER SESSION - FIDANZA AWARD** ▶ "Carro Ponte" Room  
Moderators: *Enrico Bertoli, Patrizia Zuliani*

### PARALLEL SESSION ▶ "Orologio" Room

#### PSISA-SIPNEI workshop

#### Stress, Obesity, Diabetes: an integrated approach in causes and treatment

- 8:30 am Introduction  
*David Lazzari*
- 8:40 am Stress, obesity, diabetes, and epigenetics  
*Elisabetta Manfroi*
- 9:00 am Stress revisited and the link with obesity and diabetes  
*Andrea Sgoifo*



- 9:20 am The Stress Scale model  
*David Lazzari*
- 9:40 am Obesity: the contribution of Psychology to the integration of the intervention  
*Roberta Deciantis*
- 10:00 am Diabetes: the contribution of Psychology to the integration of the intervention  
*Stefano Bartoli*
- 10:20 am Development of an integrated intervention model  
*Paolo Di Bernardino*
- 10:40 am **Discussion**
- 11:00 am **ROUNDTABLE DISCUSSION**  
**How to develop integration in prevention and treatment**  
Moderator: *David Lazzari*  
**Participants:**  
*Marcello Catanelli, Massimo Cipolli, Giuseppe Fatati, Amilcare Parisi, Alessandro Rossi, Eva Mirri*
- 12:00 noon **Discussion**
- 12:30 pm Conclusion
- PLENARY SESSION ▶ Sergio Secchi Theatre**
- ADI-AMD-SID group**  
**The new recommendations. Medical-nutritional therapy in diabetes mellitus**  
Moderators: *Sergio Leotta, Giuseppe Picicelli*
- 10:30 am Macronutrients  
*Mario Parillo*
- 10:50 am Energy expenditure and carbohydrate counting  
*Giuseppe Marelli*
- 11:10 am The elderly diabetic  
*Franco Tomasi*
- 11:30 am The non-EU diabetic  
*Paolo Fogliini*
- 11:50 am The diabetic expectant mother: a need for new dietary recommendations  
*Annunziata Lapolla*
- 12:10 pm **Discussion**
- LECTURE**  
Introduced by *Maria Luisa Amerio*
- 12:30 pm **Pharmaconutrition in cases of cognitive impairment**  
*Carlo Serrati*
- 1:00 pm Communication of F. Fidanza Award winners
- 1:30 pm Meeting conclusions